

SUBSTANCE USE & ADDICTION STUDIES CERTIFICATE & MINOR

The department of Disability and Addiction Rehabilitation offers a minor in Addiction Studies and a certificate in Substance Use Disorder Treatment. The minor and the certificate both help students understand the nature and impact of substance abuse and will provide the academic preparation needed for licensure as a Licensed Chemical Dependency Counselor (LCDC). The 18-hour minor complements degrees in anthropology, criminal justice, education, humanities, psychology, rehabilitation, sociology, and social work, among others. The 12-hour certificate can be earned as part of a bachelor's degree program or alone as a professional certificate. Most human service professionals deal with substance abuse issues almost daily and the need for training in this area is growing.

The main requirements for an LCDC are: six approved college-level courses; 300 hours supervised field work; successful completion of written and oral exams; a written case history that conforms to TCADA guidelines; and 4,000 hours supervised work experience. Those with a four-year degree in an approved discipline such as Rehabilitation Studies or Psychology, may petition for a waiver of the 300 hours of required work experience.

Employment opportunities for LCDC's:

- Schools
- Social welfare agencies
- Hospitals
- Outpatient programs
- Corrections agencies
- Private and group practices
- Residential facilities

MINOR REQUIREMENTS

The minor in Addiction Studies requires completion of RHAB 4075 & RHAB 4175 in addition to 4 other addictions classes. Students wishing to seek licensure as an LCDC should complete: RHAB 4075, 4175, 4500, 4675, 4375, and then choose one from: RHAB 3975, 4275, or 4575. For a certificate in Substance Use Disorder Treatment, four classes are required: RHAB 4075, 4175, 4500, and 4675.

RHAB 4075 Drugs and Alcohol

Covers the physical and psychological effects of commonly abused substances such as alcohol, cocaine, speed, heroin, and marijuana as well as the underlying basis of addictions in biology, learning and culture.

RHAB 4175 Addiction Counseling Models

Treatment approaches such as 12-step programs, cognitive-behavioral counseling, relapse prevention, behavioral self-control, relapse prevention, behavioral self-control and motivational interviewing. (pre-requisite RHAB 4075)

RHAB 4500 Assessment in Rehabilitation

Principles, techniques and procedures used in the assessment process in rehabilitation, including assessments related to identification of issues of addiction, vocational assessments and situational assessments.

RHAB 4675 Addiction Counseling Practice

Diagnosing, planning, and providing counseling, case management, crisis intervention, making client referrals, writing reports and keeping records. (pre-requisite RHAB 4175)

RHAB 4375 Group Issues

Explains and offers practice with concepts and skills used in therapy groups for substance abusers.

RHAB 3975 Addiction

Links addiction to individual and social welfare, criminality, and family life. Reviews the history and current practice of drug control and treatment.

RHAB 4275 Substance Abuse, Addictions, and Rehabilitation

Study of addictions as it relates to physical disabilities.

RHAB 4575 Current Issues in Chemical Dependency

Topics vary each semester; usually examines family issues or special populations.