

ADDICTION STUDIES

2025-2026 Catalog Year

The BS in Addiction Studies prepares students to work directly with individuals with substance use disorders and process addictions (e.g., gambling, disordered eating, etc.) in order to facilitate long-term recovery, autonomy, and improved quality of life. The program’s curriculum meets the criteria for the credential as a Licensed Chemical Dependency Counselor in the State of Texas and serves as a robust foundation for graduate study. This program also supports students and professionals who wish to continue career development in the addictions field and addresses numerous aspects of the treatment process, including, prevention, intervention, residential treatment, and outpatient substance use treatment with adults and adolescents. The program provides rigorous courses taught by clinically trained, licensed and experienced faculty who have a rich history delivering academic instruction in higher education. The program offers an integrated model of addictions, mental health, and co-occurring disorders. The UNT Addiction Studies major provides exposure to addiction diagnoses, all levels of care, and competencies for working with adults and adolescents.

The Bachelor of Science degree in Addiction Studies from the University of North Texas consists of 120 college credit hours of which 42 need to be advanced. The degree requires 42 hours of general academics, 36 hours in the major, and 42 hours of general electives.

Major Requirements

Addiction Studies Required Courses (36 Hours):

ADDS 3975	Addictions	ADDS 4675	Addictions Counseling Competencies†
ADDS 4075	Drugs & Alcohol‡	ADDS 4575	Current Issues in Substance Use Disorders
ADDS 4175	Addiction Treatment Models‡	ADDS 4775	9h JW/ DfcZgcbU=gg Yglb5XXWcb
ADDS 4275	Alcohol, Drugs, & Disability	ADDS 4881	Addiction Practicum (6 hours)
ADDS 4375	Addiction Counseling & Groups	RHAB 4500	Assessment in Rehabilitation‡
RHAB 3000	Microcounseling		

Must have a 2.3 major GPA to graduate with a BS in Addiction Studies

*Courses required for Substance Use Disorders Certificate (*certificate can be pursued by non-majors only*)

Related Course as Elective Course Options — Not Required for Major:

(May be taken as additional general electives or towards a major, minor or certificate in Rehabilitation Studies)

RHAB 3100	Disability & Society	RHAB 4300	Introduction To Psychiatric Rehabilitation
RHAB 4200	Physical & Psychosocial Aspects of Disability	RHAB 4700	Employment Services
RHAB 3900	Case Management in Rehabilitation	RHAB 4100	Rehabilitation Service Delivery Systems
ADDS 4900	Special Problems in Addiction Studies		

Optional Minor (18 Hours, 6 Adv. Hours):

A minor may be selected with the approval of the academic advisor. Students are advised to consider career goals when selecting their minor area of study. A minor is not required.