**Assignment:** Trauma & Recovery

Select one of the Trauma approaches SAMHSA indicated as well-known:

* Addiction and Trauma Recovery Integration Module (ATRIUM)
* Essence of Being Real
* Risking Connection®
* Sanctuary Model®
* Trauma, Addiction, Mental Health, and Recovery (TAMAR)
* Trauma Affect Regulation: Guide for Education and Therapy (TARGET)
* Trauma Recovery and Empowerment Model (TREM and M-TREM)

Research the approach you selected and provide an informative summary addressing the following:

* Overview of approach
* Pros and cons of approach
* How knowledge of this approach might help a person working in the addiction profession

**Length**:

2-page minimum

4-page maximum

**Format**:

Submit on Word document

Use APA formatted cover sheet

Use 12-point, Times New Roman font

Double space document

Provide in-text APA citations, if needed

Provide APA reference page, if needed

**Credible Sources**:

Course Material

SAMHSA TIP 57: Trauma-Informed Care in Behavioral Health Services

Encyclopedias

Online scholarly databases, such as InfoTrac, LexisNexis, and EBSCO

Reputable agencies within the profession

Newspapers

Local library

Online University library

Journal articles

***Do not*** use Wikipedia