**Discussion Question:** Recovery Planning

The Recovery Planning material indicated the importance of a person in the initial stages of treatment develop a plan of action in all major life areas. What other areas, or sub-areas, can you imagine planning for the future to be important?

What is the reason there was an emphasis on having the client develop his or her own definition of recovery as part of Recovery Planning?

In your opinion, which area might be the most difficult for a newly recovering person to develop a plan of action? Defend your opinion with reasons.

Respond to at least one classmate.

**Initial Post:**

* Your initial post is to be a minimum of 3-paragraphs.
* Answer all the questions posed.
* Use the grammar, punctuation, and spelling expected in a senior-level college course.

**Response to Classmate:**

* Respond to at least one classmate’s post.
* Response is to be a minimum of one-paragraph.
* Response is to relate and connect to the post to which you are responding.
* Use the grammar, punctuation, and spelling expected in a senior-level college course.