**Discussion Question:** Personal Recovery and the Professional

Refer back to all of the definitions of recovery given in this module to complete your post.

In your initial post, identify with which definition of recovery you most find applicable. Expound on the definition by discussing the reasons you find your chosen recovery definition most valid.

Consider this scenario prior to completing the second part of the discussion question:

You are an LCDC-Intern working in a residential, adult treatment facility in Texas. You are a person in long-term recovery. Your program of recovery is exclusively through Alcoholics Anonymous.

Mary, client on your caseload was in treatment at another facility one-year prior. The client explains that the previous treatment program insisted she attend Alcoholics Anonymous (AA) as part of her recovery plan. The client goes on to tell you the former facility told her she would relapse if she did not attend AA. The client reports having tried attending AA for 4-months following her successful discharge from the aforementioned program.

Mary explains that she does not feel AA is the mutual aid program for her. She provides reasonable explanations for her lack of enthusiasm for this 12-step program.

* How would you advise your client?
* What questions would you need to have answered by your supervisor in order to make your decision?
* What might you need to know about the program rules?
* How would you set aside your strong belief in your personal program of recovery in order to put the client and the needs of the client first?

Respond to at least one classmate.

**Initial Post:**

* Your initial post is to be a minimum of 3-paragraphs.
* Answer all the questions posed.
* Use the grammar, punctuation, and spelling expected in a senior-level college course.

**Response to Classmate:**

* Respond to at least one classmate’s post.
* Response is to be a minimum of one-paragraph.
* Response is to relate and connect to the post to which you are responding.
* Use the grammar, punctuation, and spelling expected in a senior-level college course.