**Assignment:** Stigma Personal Experience

Recall a time when you felt stigmatized (or stereotyped, outcast, etc.). Discuss the situation.

What did that person/people believe about you that was untrue?

How did that false information develop into the truth for him or her/them?

How did this impact you?

How have you worked through this situation?

How can you relate this to better understanding a person with Substance Use Disorder?

**Length**:

Minimum 2-pages

Maximum 4-pages

**Format**:

Submit on Word document

Use 12-point, Times New Roman font

Use Cover Sheet