

## Admission Summary

On February 18, 2018 at 3:50 PM, Frank Jones, a 30-year old, Caucasian male is being admitted to residential treatment for a minimum of 90-days. The client meets DSM 5 criteria for Substance Use Disorder: Alcohol - severe. The client indicated he has continued use of alcohol despite the consequences he reports having faced as a result of alcohol consumption: employment; relationships; social; physical health; mental health; and family.

### Substance Use

When asked his lifetime use of substances, the client indicated he has used the following:

<u>Substance</u>	<u>Age first use</u>	<u>Last use</u>	<u>Amount</u>	<u>Frequency</u>	<u>Route of administration</u>
Alcohol	15 years old	5 days ago	1 – 2 pints	Up to Daily	Oral
Marijuana	18 years old	23 years old	> 1 joint	> 6 times per year	Inhalation
Hashish	19 years old	19 years old	2 tokes	One time only	Inhalation
Cocaine	19 years old	20 years old	1 – 2 lines	About 10 times from age 19 – 20	Nasal Inhalation
Methamphetamine	None reported	N/A	N/A	N/A	N/A
Amphetamine	None reported	N/A	N/A	N/A	N/A
Opioids	As prescribed after hernia surgery 1 year ago	N/A	N/A	N/A	N/A
Club/Designer	None reported	N/A	N/A	N/A	N/A
Dissociatives	None reported	N/A	N/A	N/A	N/A

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Hallucinogens	19 years old	19 years old	¼ square	One time only	Oral
Inhalants	None reported	N/A	N/A	N/A	N/A
Anabolic Steroids	None reported	N/A	N/A	N/A	N/A
Other	This client denies use of any other substances, even experimentally.				

### Comments:

- The client indicates he has tried alcohol through inhalation when he was in Las Vegas in May 2016. He indicated he did not like how long it took to feel the effects of the alcohol and only did this one time.
- The client indicated he used marijuana socially when at parties with others from the age or 18 – 23 years old. The client indicated he was in college at the time and did not “really like pot but took a few tokes off a joint when someone was passing one” in order to feel part of the crowd. The client indicates he had no desire to use marijuana at others times than college parties and did not find it difficult to cease use after college nor does he have a desire to smoke marijuana again.
- The client indicated the one time he smoked hashish was when he attended a music festival while in college. He indicated he did not realize the substance was hashish because the person who handed him the substance had put it in a cigarette. The client indicated he “almost immediately felt high” so he asked the person (who he indicates was a stranger) what the cigarette contained.
- The client indicated he used acid at the same music festival as he used hashish. He indicated he has not used acid since.

### Employment

The client indicated he is an accountant for Exxon and works at the headquarter office. The client indicates he has worked for Exxon in this capacity for 1 year. The client indicates he was asked to leave his previous job at British Petroleum (BP) as an accountant after working for them for 6 years. The client indicates he missed multiple days of work, was late, and became intoxicated at several company events. The client indicated he was “very depressed and ashamed” after losing his job with BP. The client indicated this job was the first one he had after graduating from college and believed he would be there for his entire career. Client indicated he did not receive or seek treatment following his separation from BP. The client indicated he did not believe he needed treatment at the time.

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Frank indicated he is happy with being an accountant and prefers working in the oil and gas industry. The client indicated he had no desire to work in any other profession and is happy with his current employer; although, he would rather still be working for Exxon.

### **Education**

Frank shared that he went to The University of Florida in Gainesville, Florida and majored in Finance. Frank said he loved math and was naturally good at math so college was not difficult for him. Frank laughingly shares, “I probably would have made A’s instead of C’s in all of my classes if I hadn’t partied so much”. Frank shared that he graduated when he was 23 years old with a bachelor’s degree in Finance and has no desire to obtain an advanced degree.

### **Living environment**

The client indicated he shares an apartment with his younger brother and believes this living situation is “acceptable”. The client indicated he believes he has been a negative influence on his younger brother because prior to moving in with him his brother did not drink often. He indicated his brother now drinks up to 4 times each week and often becomes drunk.

### **Social**

Frank describes his social life as “very active”. He shared that almost every night of the week he can be found at “some sort of festivity” at a bar, club or restaurant. He indicated that at all of these occasions, liquor is present. Frank laughingly shared he thinks he “must look like an alcoholic because in most pictures he is holding a drink”.

Frank shared that one morning after a night of drinking he awoke with blood on his shirt but he had no idea where the blood came from. He indicated he did recall being shoved by a young woman in a club the night before. When probed about this scenario more, the client shared he and this young woman had been having tequila shots together at the bar but she pushed him when he spilled salt all over her and the bar. Frank shared that he pushed the young woman back and the woman “went flying across the room”. Frank denied knowing anything else that occurred that night and he has not been back to that particular club since that night.

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## Relationships

Frank shared that for two months he has been “flirting with” Mary. The client indicated Mary has mentioned to him that every time she calls him he is drinking or sounds drunk. Frank indicates that even though Mary said this, she does not view his drinking as a problem and has never asked him to stop drinking or to cut down on the amount or frequency. The client reports that he does not view this relationship as a romantic relationship, although he reports he is sexually active with Mary. Frank indicates he has no desire to have a committed relationship with anyone at this time in his life.

Frank indicated he had the same girlfriend for all four years of high school. He indicated he and this girlfriend, Sarah, went to the same college and intended to become engaged during college and marry after college graduation. The client revealed that Sarah broke up with him after their first year of college. The client indicated Sarah did not like how often he was “partying”. The client appeared tearful when discussing Sarah, but stated he was “over her”.

## Family

The client shared he was raised by his mother and father, who have been married 32 years. The client shared that he is the oldest of 3 children. The client shared that his younger brother, who lives with him, is 28 years old and his younger sister is 25 years old. The client indicated his relationship with his brother, Ben, is “good”, but the client indicated he feels guilty for introducing his brother to his “party lifestyle” because he can see the toll frequent drinking has been taking on his brother. The client shared that his relationship with his younger sister, Emily, is friendly but not close. The client reports believing they are not close because of the 5 year age difference between them.

The client indicated his mother and father are not “big drinkers” and his mother has asked him on multiple occasions to stop drinking. The client indicates he does not visit his parents as often as he once did, even though they live in the same city as he. The client describes his parents as “rigid and routine” and they do not allow him to drink when he is in their home due to a “situation” that occurred during Christmas “a few years ago”. When asked by this clinician, the client declined to share further details about this “situation”.

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The client conveyed additional information about his family of origin. He shared that his maternal grandfather was alcoholic and died due to cirrhosis of the liver when Frank was 7 years old. His biological grandmother is still living and does not drink. His biological grandmother has told Frank she does not drink because of seeing “what a horrible death” her husband went through. The client shared that he rarely sees his grandmother, even though he “loves her very much” and has had no issues with her. Frank indicated he feels guilty for drinking as much as he does and when he has been around his maternal grandmother she has asked him to stop drinking.

The client indicated he never knew his paternal grandparents or his father’s siblings. The client indicated his father went into the Army right out of high school and moved “across the country” from his family when he got out of the Army and does not keep in touch with his family. This facilitator inquired about the reason for the distance between his father and his family. The client said he believes his father had “a bad childhood” and “just doesn’t want to deal with it”. The client said his father has never told him about this but his mother has mentioned “a few things” to him over the years.

### **Mental Health**

The client indicates being “depressed” following the loss of his job with Exxon one year ago. The client said he has not officially been diagnosed with depression and is not on any medications for depression but believes this is something he would like to have addressed while he is in treatment.

### **Physical Health**

Frank indicated he was required to have a physical by his insurance company “about six months ago” and his physician ordered blood work for him that showed high triglycerides. Frank indicated his physician told him to cut back on drinking and fatty foods. The client indicated he believes this problem was more related to fatty and fried foods than from alcohol.

Frank continues to drink excessively, regardless of the concern expressed by his family; the reported family history of substance use disorder; the guilt he feels over exposing his brother to heightened alcohol consumption; loss of his romantic relationship in college; unhealthy interactions with females; and the loss of his job with BP.

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## Strengths

When the client was asked by this clinician about what his strengths were, the client describes his strengths as: being loyal, being on time, being good at math, being logical, enjoying reading, and understanding each small detail of complex problems as if he is “putting a puzzle together” in his head.

## Weaknesses

When the client was asked by this clinician about what his strengths were, the client said they were: talking about emotions, getting over losing job at Exxon, wanting to be around parents more often, and influencing younger brother to drink more often.

Paula Keller Garland, MS, LCDC

Clinician

February 18, 2018

Date

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