

Food Pantry Needed Items

2021-2022

Donated items should be convenient (easy- open cans). Due to shelving constraints and storage safety, please note the items we are not currently accepting. If you are donating perishable items, please contact me beforehand to coordinate a drop-off time. We are not able to accept expired food at any time.

NOT Accepting:

Fresh/Frozen meats

----- We are currently accepting donations:-----

SOUPS:

Chicken Soup
Vegetable Soup
Beef Soups
Gumbo
Broths (Chicken/ Beef/
Veggie)

CANNED MEATS:

Chicken
Spam
Chili

CANNED FRUITS:

Pears
Peaches
Pineapples
Mixed Fruit
Apricots

CANNED BEANS:

Black Beans
Pork N Beans
Kidney Beans
Garbanzo Beans (Chickpeas)

BAKING:

Flour
Baking Powder/ Soda
Brown Sugar
Extracts

BREAKFAST:

Cereal (Boxed or Bagged)

Oatmeal

Breakfast Bars

Pop Tarts

CANNED VEGETABLES:

Beets
Carrots
Potatoes
Mushrooms
Tomatoes
Baby Corn
Water Chestnuts
Bamboo Shoots

SNACKS:

Fruit Cups
Fruit Snack Gummies
Chips
Crackers
Popcorn
Packaged Baked Goods (like
muffins)
Pudding
Jell-O
Goldfish
Pretzels
Candy
Granola Bars
Trail Mix
Peanut Butter
Jelly

PERISHABLES:

Eggs
Milk

Cheese

Fruits/Veggies

Juice

Yogurt

FROZEN:

Hot pockets
Un crustables
Individual frozen meals
Frozen fruit/veggies
Pizza

GRAINS/PASTAS:

Instant Rice/ Rice
Mac & Cheese
Ramen
Mashed Potatoes
Pastaroni
Boxed Meals

TOILETRIES:

Toothbrushes
Toothpaste
Shampoo
Conditioner
Body Wash/Bar Soap
Deodorant
Toilet Paper
Hand Towels
Hand Sanitizer
Wipes
Products for Natural Hair
Disposable masks
Disposable gloves
Menstrual products