Food Pantry Needed Items
2021-2022

Donated items should be convenient (easy-open cans). Due to shelving constraints and storage safety, please note
the items we are not currently accepting. If you are donating perishable items, please contact me beforehand to
coordinate a drop-off time. We are not able to accept expired food at any time.

**NOT Accepting:**
Fresh/Frozen meats

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We are currently accepting donations:--------------------------------------------

**SOUPS:**
Chicken Soup
Vegetable Soup
Beef Soups
Gumbo
Broths (Chicken/ Beef/ Veggie)

**CANNED MEATS:**
Chicken
Spam
Chili

**CANNED FRUITS:**
Pears
Peaches
Pineapples
Mixed Fruit
Apricots

**CANNED BEANS:**
Black Beans
Pork N Beans
Kidney Beans
Garbanzo Beans (Chickpeas)

**BAKING:**
Flour
Baking Powder/ Soda
Brown Sugar
Extracts

**BREAKFAST:**
Cereal (Boxed or Bagged)

Oatmeal
Breakfast Bars
Pop Tarts

**CANNED VEGETABLES:**
Beets
Carrots
Potatoes
Mushrooms
Tomatoes
Baby Corn
Water Chestnuts
Bamboo Shoots

**SNACKS:**
Fruit Cups
Fruit Snack Gummies
Chips
Crackers
Popcorn
Packaged Baked Goods (like muffins)

**PERISHABLES:**
Eggs
Milk

Cheese
Fruits/Veggies
Juice
Yogurt

**FROZEN:**
Hot pockets
Uncrustables
Individual frozen meals
Frozen fruit/veggies
Pizza

**GRAINS/PASTAS:**
Instant Rice/ Rice
Mac & Cheese
Ramen
Mashed Potatoes
Pastaroni
Boxed Meals

**TOILETRIES:**
Toothbrushes
Toothpaste
Shampoo
Conditioner
Body Wash/Bar Soap
Deodorant
Toilet Paper
Hand Towels
Hand Sanitizer
Wipes
Products for Natural Hair
Disposable masks
Disposable gloves
Menstrual products